De eloping nursing placement opportunities in social care

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Glossar of terms:

- PVI Private, Voluntary and Independent sector
- **HEI -** Higher Education Institutions
- SSSA Standards Standards for Student Supervision and Assessment
- NMC Nursing and Midwifery Council
- PA Practice Assessor
- PS Practice Supervisor
- AA Academic Assessor
- **EPAD** Electronic Practice Assessment Document
- ICB Integrated Care Board
- ICS Integrated Care Systems
- **PEF** Practice Education Facilitator





to nursing and nursing

achieve Nursing and Midwifery

Return to practice

Some nurses may have left the nursing register and want to return to practice. They can either undertake a test of competence **or** a <u>return to practice course</u>.

Return to practice courses must be Nursing and Midwifery Council (NMC) approved and are offered by various universities who offer shortened routes back into the profession. The length of the course can range from three to 12 months. This is determined by a variety of factors such as how many practice hours the individual will need to achieve, how long they've een out of practice etc. Completion of practice hours is a required ment of this option so a placement will be sourced.

a associate

siates bridge the gap between support workers and are a regulated profession in their own right. introduced to increase the capacity of the nursing isting nurses and other members of multi-disciplinary are complex clinical duties. Nursing associates the urse degree apprenticeships in that they are

undation degree in 2021. I decided the nursing degree due to the ease eing able to continue working at my and also attending university 2 days a for me and helped me to gain more ose my own placements and was rent places. This helped to broaden ent services. I absolutely love being vocating for my service users and best possible care for them. I chose am able to build a stronger relationship e a stronger rapport with them.

Associate

care home, Exemplar Healthcare

Where to start



I am really interested in hosting student placements although I wouldn't know where to start. Do our nurses have to have mentorship and preceptorship training to host students or has this now changed? Having students would be bene cial for our residents and for students as they can utilise and develop their clinical and communication skills to provide person centred support. It will also help them to understand the complex and varied needs of those we support.

Da n Cropper, RN (MH)

Operations Director, Northern Healthcare, Mental Health Supported Living Services



Liaising ith higher education institutions

Most universities in England are very keen to increase their placement capacity, particularly in

Post-Covid, the placement circuit for nursing students in Leeds has faced increasing challenges and has highlighted a need to develop a diverse approach to developing learning opportunities. Since the start of 2023, nominated individuals from the three universities in Leeds (University of Leeds, Leeds Beckett and Leeds Trinity) have

Anglia Ruskin University is committed to increasing placement capacity in health and social care settings, recognising the importance

Placement pro <u>le</u>

The role of Integrated Care S stems and Boards

together.

Integrated care systems (ICSs) are partnerships of organisations that come together to plan and deliver joined up health and care services. Each integrated care system includes an Integrated Care Board (ICB), and many are involved in supporting placement capacity, with some regions engaged in the Clinical Placement Expansion Programme (CPEP) funded by National Workforce, Education and Training Directorate at NHS England.

De on Clinical Placement E pansion Programme Report 2020-23 found that the bene_ts of placement e pansion in primar /social care ere that:

workplaces become multi-professional learning environments
experience in primary and social care develops more rounded practitioners
they support the development of integrated practice within an integrated system
students become more aware of people's holistic needs
having students energises the workforce and the system learns to work and learn

As Integrated care systems become more involved in education and training planning there are opportunities to develop placements for healthcare students across primary, community and social care, to give students valuable experience in the delivery of care outside hospitals and introduce them to wider career opportunities. In my role in Hampshire and Isle of Wight Integrated Care Board the number of placement providers in social care has increased from ve in September 2020 to 41 today. This is mainly in nursing homes but also includes some residential homes and domiciliary care providers. For nursing students, having placements in social care is so important as

The bene is of hosting students

There's a wealth of opportunities available to students within social care settings as outlined in our useful <u>placement guide</u>. There are also a wide range of bene ts for placement providers, including the opportunity to showcase the variety of careers on offer in social care with potential for social care to be a destination of choice for students once quali ed.

In this section you'll hear from those involved in placements and the bene ts for them.

Feedback from residents and staff at Highbur House Nursing Home in Stourbridge, part of the Rushcliffe Care Group.

'The students we had were lovely and approachable. They were observant and were able to understand how to approach people based on their needs, as some people can be a bit more sensitive or require a particular level of support like prompting. It's important to build con dence and build a rapport and trust with residents so that they can come forward and be honest about how they feel. Learning how to be comfortable and communicate with people is important for students as breaking down barriers and learning what matters most to the individual is the most

It is vital for our student nurses and nursing associates to have the opportunity to learn in practice across a range of social care settings. This exposure ensures that they see the way in which care is delivered across the health and care system. It also allows our future healthcare workforce to see the value of social care career opportunities. Our student nurses and nursing associates will be providing care in an evolving health and care system. They will lead and in uence the future of nursing care delivery, co-producing the social care nursing and nursing associate roles of the future. It is so important that they have this experience from the very start of their careers. Here at the University of Salford, we are committed to working in close partnership with key stakeholders in the development of the holistic and integrated workforce of the future; working to develop opportunities for our students in a range of practice learning experiences. The recent announcement that the University of Salford will host the RCN Foundation Chair in Adult Social Care Nursing embeds our commitment to this vital development. This role will take a strategic lead in shaping teaching and research in adult social care at a local, national, and international level.

Dr Vick Halli ell

Acting Dean, University of Salford



Our placement providers get the opportunity to enhance their culture of learning in nursing practice, raise their pro le of expertise, attract staff with the right values to aid recruitment, develop their teams through staff engaging in critical inquiry and implementing evidence-based practice, whilst enabling their nurses to evidence continuing professional development. These placements also increase the pro le of the social care sector as a potential career opportunity, enabling integration of health and social care in a holistic approach.

And Cunningham

Healthcare Practice Placement Development Lead (PVI Placement Team), University of Plymouth



With our student placements, we can offer rst-hand experience of living with a brain injury for those training in clinical professions. This enables students to develop a deeper understanding of the challenges patients with brain injuries may face, and the life and therapies available to them and their families outside of clinical settings. This increased awareness and understanding can help future clinical practitioners to support patients more effectively through treatment and recovery and help improve services overall for those recovering from brain injury. In addition to this we really bene t from the energy

The bene its to having student nurse placements is the added vibrancy that the students bring, the questioning, the desire to learn and for our nurses to be able to share their very unique expertise and skills and add value to their training to ensure that the next generation of quali ed nurses have a rounded and holistic picture of not only health but social care as well. It supports our nurses to maintain their skills in teaching/training, meeting their learning objectives and supports their revalidation.

Niki Richards

General Manager, RN, South Africa Lodge, Cornerstone Healthcare, Waterlooville, Hampshire







Working in older people's care, students are able to experience a branch of nursing that is given very little focus during training despite the huge numbers of nurses employed by the sector. Students are the most up to date in terms of practice and so learning is a two-way experience. I can personally say my passion for nursing was ignited due to a placement where my mentor was an inspirational character. There is no downside to student placements, extra workload is minimal compared to the bene ts they bring.

Da id Willis

RMN, Home Manager, Barty House Nursing Home, Maidstone, Canford Healthcare





When I received my rst placement within a nursing home, I did not know what to expect. I think people have perceived images of what nursing homes represent and look like. I was pleasantly surprised when I started my placement, the home was welcoming and clean and fresh. I was welcomed into the team straight away which made me feel comfortable in my learning, nothing was too much trouble from care staff, nurses or management if I was unsure or needed help with something. I loved the residents and their different personalities. I also enjoyed the fact that the home had three oors with different nursing needs, from challenging behaviour, mental health to dementia and end of life care. My placement was an awesome experience and I loved every minute of it.

During the second and third year of my course, both the manager and some of the care staff kept in touch with me. I was overwhelmed when the manager approached me during my third year and offered me a job, which I accepted without hesitation. Since starting work at Belvidere, with the continued support and help, my con dence is starting to improve immensely. All the staff are always on hand to help me if needed and the teamwork is impressive. They have also been supportive in working my shifts around my children too. I would say to people to never dismiss working in social care, as you may nd just what you are looking for and the job is so rewarding.

Ann Marston

Newly quali ed RN (MH), Belvidere Court Nursing Home, Bilston

Part of the audit will include an appraisal of whether the placement area operates in line with the <u>Nursing and Midwifery Council (2018) Standards for student supervision and assessment</u>. Practice Supervisor and Practice Assessor training is offered by many universities.

Dr Julie Dixon, Nurse Education Adviser at the NMC says:



We hope that this update will increase the breadth of practice learning experiences available to students, which is a crucial step towards ensuring future nurses and nursing associates learn the knowledge and skills needed to deliver the safe, person-centred, holistic care that people have a right to receive - we believe students accessing and learning in social care environments offers an invaluable route towards achieving this.



Other professionals can continue to support student learning and assessments by liaising with practice supervisors, providing feedback and sharing observations. If your organisation doesn't have anyone that meets the above criteria, then there is still the option to consider indirect supervision using the six principled approach - <u>Supporting Information on Indirect Supervision</u> - The Nursing and Midwifery Council (nmc.org.uk).

We are opening social care placements at scale, that extend beyond traditional health care. As a university we have a bank of nurses who provide indirect supervision and assessment, so are able to support students in social care who maybe do not have health and/or social care registrants. This model works well as we have opened over 200 private, independent and voluntary organisation and social care placements in 18 months across our region.

Dr Kate H Knight

RN (Child), Associate Professor, Head of Practice Learning, University of Chester

Practice assessor role

All nursing students on placement must be allocated a practice assessor. This must be a Nursing and Midwifery Council (NMC) registered nurse or in the case of student nursing associates this may also be a NMC registered nursing associate. For nursing students this role

In my role as academic assessor, I provide the link between practice environments and the university setting, which can take a variety of forms, depending on what is needed. It might be offering practical information about the course, how practice to into the overall programme, or how the assessment document should be used and completed; and it will always include communicating with the practice assessor as we both input into our sections of the assessment document. On the (rare) occasions where a practice area has concerns with a student's progress, the academic assessor will visit the practice area, meet with the practice assessor and the student, and support the development of an action plan to guide the student's progress for the rest of the placement.

Dr Louise Bouic

Senior Lecturer - Mental Health Nursing, Academic Practice Lead, University of Wolverhampton



Electronic (ersions of practice assessment document

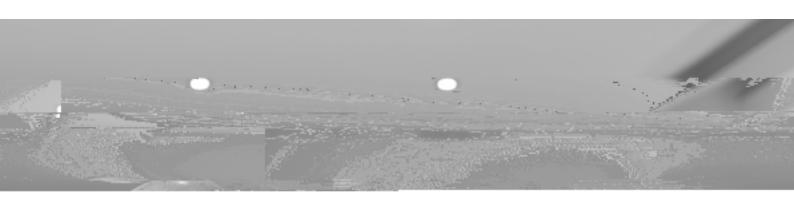
Most students in practice will be shifting towards using an electronic version of what was the paper practice assessment document. Different universities and regions have different versions of this but these typically enable documentation to be completed in relation to:

Who signs hat?	Practice Assessor	Practice Super isor	Academic Assessor
Con_rmation of practice hours			Completes veri cation
Orientation to practice area		and/ or nominated individual if indirect supervision	
Initial inter ie			
Midpoint inter ie			
Final Inter ie			
Assessment of pro_ciencies			
Professional alues			
Episodes of care			
Medicines management			
Ongoing Achie ement Record			

Simulated practice learning

The Nursing and Midwifery Council (NMC) standards (2023) now specify that for preregistration nursing programmes, up to 600 hours of the required 2,300 hours of practice learning can be simulated practice learning. This is particularly useful where students may struggle to practice a certain skill in a practice environment due to lack of opportunities to do so, such as nurses in the eld of mental health who may not have as much exposure to procedures such as catheterisation for example.

Students may inform their practice assessor that these pro-ciencies have been achieved through simulation within a simulated practice environment at their university. It is important for practice assessors to liaise with academic assessors to con-rm what students may have achieved through simulation.





Appendi 1: Case Stud 1

Appendi 2: Case Stud 2

Rebalancing Health and Social Care in the North est of England

Innovations by the University of Chester - leading the Cheshire and Merseyside (C&M) Practice Learning collaborative consisting of four Higher Education Institutions:









The purpose of the C&M collaborative is to work together to increase quality and capacity of student nurse and allied health professional placements within social care, with the aim to provide a high-quality learning experience for our students to ensure all learners experience placement learning within social care to promote more students transitioning into this

Resource Pack for Placement Areas: includes a handbook with key document templates for adaption to practice area and signposting to resources.

Webinar ith **Social Care Colleagues:** a platform to explore the challenges and nd solutions to some of the myths surrounding social care as a career and provide peer to peer support.

Additionally, we have recently piloted supporting students on a corporate/leadership placement within the team, which not only provided an excellent leadership and learning opportunity for the student but also provided us with that all important student perspective, feedback as follows:

"

Before coming on placement, I had a lot of reservations about social care and saw this as "just" nursing home care, I was under the impression that there was not much range for learning, and I felt pro-ciencies would be dif-cult to achieve. But I can certainly say now. That all of that is not the case and I've had my mind completely changed. Social care is a vital part of the nursing-eld, it is exible, valuable, and most importantly the front line to supporting individuals within our communities in a safe and homely environment. Without social care, there would be many individuals who would struggle at home and wouldn't be able to receive personalised care to the extent they can in social care settings.

As a student, I've been welcomed, encouraged, involved, and valued every time I've been a part of a social care experience. Social care gives students a huge range of opportunities such as spoke days, time with the wider multidisciplinary team (as they have more exposure to this than the hospital setting), and even sign off most pro-ciencies. But most importantly, they WANT students there, they want us to learn, and the social care placements understand how vital students' learning is and they always say how students are valuable to them as an organisation. I can certainly agree, I've new er felt more valued as a student nurse.

These social care settings are a gateway for student nurses to work across disciplines and really develop professional relationships with other elds of nursing to bridge the gap between these elds. I feel honoured as a student to have had the opportunity to delve into social care placements on my time on placement and I thank every single person I've met during this time and thank them personally for their kindness.

3rd ear nursing student adult eld

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Going forward we will continue to build professional relationships with our social care